

# March 2017

Monday	Tuesday	Wednesday	Thursday	Friday
		3/1 <i>Ash Wednesday</i> Baked Macaroni & Cheese Sauteed Broccoli Fresh Fruit	3/2 Chicken Smackers with Ketchup Seasoned Brown Rice Zucchini Parmesan Fresh Fruit	3/3  <b>½ Day Bag Lunch</b>
3/6 Hamburger on Baked Bun Shredded Lettuce & Tomato Sweet Potato Fries Fresh Fruit	3/7 Grilled Cheese Sandwich Honey Glazed Carrots Fruit Cup	3/8 BBQ Shredded Pork Corn Bread Black Bean Salad Fresh Fruit	3/9 Chicken Parmigiana Rotini with Marinara Sauce Sauteed Green Beans Fruit Cup	3/10 Potato Crusted Fish Patty with Cheese on Baked Bun Shredded Lettuce / Potato Puffs Fresh Fruit
3/13 Chicken & Cheese Quesadilla with Tomato Salsa Red Pepper Strips Fresh Fruit	3/14 Chicken Patty on Baked Bun Roasted Broccoli Fresh Fruit	3/15 Pork Meatballs & Pasta Sauteed Green Beans Fresh Fruit	3/16 Soft Shell Turkey Taco Roasted Corn Roasted Chickpeas Fresh Fruit	3/17 <i>Happy St. Patrick's Day</i> Cheese Pizza Zucchini Parmesan Fresh Green Apple Shamrock Cookie
3/20 Grilled Cheese Sandwich Cucumber Coins Fresh Fruit	3/21 Hamburger on Baked Bun Shredded Lettuce & Tomato Vegetarian Beans Fresh Fruit	3/22 Chicken Teriyaki over Brown Rice Steamed Broccoli Pineapple Cup Fortune Cookie	3/23 Oven Baked Chicken / Slice of Bread Mashed Potato Sauteed Green Beans Applesauce	3/24 Potato Crusted Fish Patty with Cheese on Baked Bun Shredded Lettuce / Sweet Potato Fries Fresh Fruit
3/27 Fiestada Pizza Corn Salsa Black Bean Salad Fruit Cup	3/28 Chicken Smackers with Ketchup Potato Puffs Sauteed Broccoli Fruit Cup	3/29 3-Bean Chili / Seasoned Brown Rice Red Pepper Strips Fresh Fruit	3/30 Sloppy Joe on Baked Bun Sauteed Green Beans Fresh Fruit	3/31 Cheese Pizza Garden Salad with Dressing Fresh Fruit

Available Daily: 1) American Cheese Sandwich on Whole Grain (WG) Bread 2) White Milk (1% low fat or fat free) Fat free chocolate offered Tuesdays & Thursdays  
3) A Side Salad of Leafy Dark Green Vegetables

All Side Dishes are served in ½ cup portions

All Grain Products are Whole Grain

**We do not serve Peanut Butter**

**Lunch Payment Due on: Wednesday, March 1**

**23 days @ \$ .25 = \$5.75 @ \$2.00 = \$46.00**

**Make check payable to: OLMC**

**Send payment ATT: Mrs. Talarek**



Archdiocese of New York Child Nutrition Program  
OFFICE: 1011 1<sup>st</sup> Avenue New York, NY 10022 7:00 a.m. - 3:00 p.m.  
212-371-1011 ext 2769

*Menus must be posted at all times for NYS inspection - This Institution is an Equal Opportunity Provider and Employer*