



Archdiocese of New York Drug Abuse Prevention Program



Counselor: Paulette Pezzella, LCSW

Schedule: Friday

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### Prevention Education and Mental Wellness

Increase knowledge about alcohol, tobacco and other drugs, teach critical life and social skills, improve social competency skills and enhance mental wellness through evidence-based practices.

### Prevention Counseling

Early intervention counseling to promote social and emotional wellness, to assess and resolve identified problems, and to improve overall functioning.

### Consultation/Mental Health Coaching

Support for school leaders to increase their ability to manage mental health related issues in schools.



### Crisis Intervention

Supportive services to stabilize the crisis situation, reduce symptoms of anxiety and stress, and to help individuals resume normal routines.

### Faculty and Parent Education

Workshops for the school community that address current issues facing today's youth including substance misuse prevention, social, emotional and mental wellness.

### Referrals

Guidance and referrals for mental health and substance misuse treatment services.

Archdiocese of NY Drug Abuse Prevention Program (ADAPP) provides comprehensive substance abuse prevention services for schools within the Archdiocese of NY. Our work with students incorporates proven strategies that:

- reduce risk factors related to substance misuse
- increase mental health awareness
- increase protective factors necessary to live healthy productive lives

ADAPP assists schools and families with issues such as warning signs of substance use, psychological/emotional trouble, peer pressure, recognizing anxiety, depression and potential suicide among children and teens. Other programming focusing on school-wide issues such as:

- Bullying Prevention
- Cyberbullying
- Social and emotional wellness
- Promoting a positive school climate

Founded in 1972, ADAPP serves the schools and parishes within the Archdiocese of NY. During its fifty year history, ADAPP has been recognized on the national and state level for the quality of its services and programs.

ADAPP strives to provide innovative, comprehensive services to the children, adults and families within our schools, parishes and communities. Through counseling and education, it is ADAPP's mission to promote social, emotional and mental wellness to prevent and intervene in the use of alcohol, other drugs and high risk behaviors.

We believe that through our clear sense of purpose, our dedication to those we serve and the commitment of caring professionals, ADAPP helps adults and children realize their full potential.

