OUR LADY OF MT. CARMEL

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NOVEMBER 2026

Archdiocese of New York Child Nutrition Program

Monday	Tuesday	Wednesday	Thursday	Friday
2 Corn Chips, Fruit Juice 6 oz	3 Goldfish Crackers, Fruit Juice 6 oz	4 Pretzels, Fruit Juice 6 oz	5 Cinnamon Cookies, Teddy Grahams, Milk 8 oz	6 Strawberry Cereal Bar, Milk 8 oz
9 Cheese Popcorn, Fruit Juice 6 oz	10 Animal Crackers, Milk 8 oz	11 VETERANS DAY	12 Butter Cookies, Milk 8 oz	13 Assorted Cereal, Milk 8 oz
16 Corn Chips, Fruit Juice 6 oz	17 Goldfish Crackers, Fruit Juice 6 oz	18 Pretzels, Fruit Juice 6 oz	19 Cinnamon Cookies, Teddy Grahams, Milk 8 oz	20 Chocolate Chip Muffin, Fruit Juice 6 oz
23 Cheese Popcorn, Fruit Juice 6 oz	24 Animal Crackers, Milk 8 oz	25 Chex Snack Mix, Fruit Juice 6 oz	26 Thanksgiving Day	27 Thanksgiving Day
30 Apple Cinnamon Muffin, Milk 8 oz				

Breakfast Menu

Available Daily Items

All grains offered are whole grain.

Choice of Milk UPK/Pre-K

1% White - 8 oz
Fat Free White - 8 oz

Choice of Milk K-12

1% White - 8 oz
Whole White Milk - 8 oz
Fat Free Chocolate - 8 oz

After School Snack Program (ASP)
Snacks after school are free for all students.

The purpose of the program is to provide snacks as an incentive for children to participate in organized programs that provide care after school and include educational or enrichment activities.

This institution is an equal opportunity employer and provider.

Menu items are subject to change due to supply chain issues.